April 2017





We are a Pay Ahead Program Full Price \$3.25, Reduced Price \$0.40

This Institution is an equal Opportunity Provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza Tossed Salad Baby Carrots Orange	Chicken Drummies Whole Wheat Roll Baked Beans Cole Slaw Peaches	Spaghetti w/Meat Sauce Garlic Breadstick Green Beans Grapes Apple Crisp	Meatball Sub Potato Wedge Fries Tossed Salad Fruit Cocktail	Egg & Cheese Burrito Tri-Tater Hashbrown Tomato & Cucumber Salad Banana
Hamburger on a Bun w/Lettuce & Tomato Oven Fries Red Bell Pepper Strips Peaches	Chicken Patty Roll Mashed Potatoes & Gravy Sautéed Veggies Pears	Lasagna Garlic Breadstick w/Marinara Sauce Apple Cookie	Holy Thursday NO SCHOOL	Good Friday NO SCHOOL
Easter Monday NO SCHOOL	Meatballs Mac-N-Cheese Corn Baby Carrots Applesauce Roll (6 th -8 th)	Biscuit & Gravy Green Beans Tri-Tater Hashbrown Orange Sausage Patty (6 th -8 th)	Chicken Nuggets Oven Fries Broccoli & Carrots Mandarin Oranges	Excellent Egg Taco French Toast Sticks Tri-Tater Hashbrown Tomato Slices Strawberries
Hot Dog Oven Fries Baby Carrots Apple	Pancake on a Stick Diced Potatoes w/Pepper Blend Celery Sticks Peaches	Yummy Sloppy Joes Roasted Red Potatoes Edamame Fresh Fruit	Crunchy Tacos Black Bean Corn Salsa Spanish Rice Tropical Fruit	Cheese Breadstick Tossed Salad Fresh Broccoli Orange
3 rd -8 th grades Mondays Other Option: Chicken Caesar Salad	**************************************	3 rd -8 th grades Wednesdays Other Option: Chef Salad		